

**Cut out this easy to  
use guide and keep in  
your wallet !**



**The VisionCare Plan  
is easy to use!**

1. Obtain a Benefit Form by calling our Member Services Department (800-865-3676) or from our website at [www.vision-care.com](http://www.vision-care.com).
2. We will send you a personalized Benefit Form that outlines your benefits, along with a list of providers. Then schedule your appointment.
3. Give the Benefit Form to the doctor during your first visit. You'll pay any copayments at that time as well.